# The Normal Bulletin



# State Normal and Industrial School

Harrisonburg, Virginia

Announcement of Spring Quarter

Preliminary Announcement of Summer Quarter

Spring Quarter begins March 29, 1910 Summer Quarter begins June 21, 1910

#### ACADEMIC CALENDAR-1910

March 24, Thursday-Winter Quarter ends.

March 25, Friday-Easter Holidays begin.

March 28, Monday—Easter Holidays end.

March 29, Tuesday-Spring Quarter begins.

June 12, Sunday—11 A. M., Commencement Sermon; 8 P. M., Y. W. C. A. Sermon.

June 13, Monday—Address before the Literary Societies; Exhibits of Class Work; Student Entertainment.

June 14, Tuesday—Commencement Day. Final Exercises. Spring Quarter ends.

June 21, Tuesday—First Term, Summer Quarter, begins.

July 30, Saturday—First Term, Summer Quarter, ends.

August 1, Monday—Second Term, Summer Quarter, begins.

September 2, Friday—Second Term, Summer Quarter, ends.

September 27, Tuesday—Fall Quarter, Second Year, begins.

December 22, Thursday-Fall Quarter ends.

Students may enter at the beginning of any quarter or of either term of the Summer Quarter. Attendance during three full quarters, whether consecutive or not, will be considered as one school year.

#### THE NORMAL BULLETIN

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Copies of any number of the Bulletin will be mailed without charge to any address upon application to the President of the school.

# FACULTY, OFFICERS AND ASSISTANTS.

Julian A. Burruss, B. S., A. M., President.

Cornelius J. Heatwole, L. I., B. S., Education.

John W. Wayland, B. A., Ph. D., History and Social Sciences and Secretary of the Faculty.

Elizabeth P. Cleveland, A. B., English Language and Literature.

Natalie Lancaster, Mathematics.

Yetta S. Shoninger, B. S., Primary Methods and Supervisor of Training.

Althea E. Loose, A. B., Physical Education and Foreign Languages.

Margaret G. King, Geography and Natural Science.

S. Frances Sale, Household Arts.

Mattie A. Speck, Manual Arts.

Lida P. Cleveland, School Music.

Evalina M. Harrington, B. S., Kindergarten Education.

Annie V. Cleveland, Assistant in English and Foreign Languages.

Mary I. Bell, Registrar and Acting Librarian.

Mrs. R. B. Brooke, Matron.

Sarah S. Lewis, Student-Assistant in Music and Physical Education.

Amelia H. Brooke, Student-Assistant in Home Department.

Charlotte H. Lawson, Student-Assistant in Library.

Grace M. Jackson, Student-Assistant in Library.

May S. Hamilton, Student-Assistant in Library.

Fannie Scates, Student-Assistant in Library.

P. S. Roller, Superintendent of Grounds and Buildings.

### GENERAL STATEMENT.

This school was established by the Legislature in 1908, and opened its first session September 28, 1909. It has thus far registered 166 students in its normal classes, a large proportion being graduates of high schools and taking high-grade professional work. A large number are teachers of considerable experience, holding certificates and desiring to raise the grade of the same or to take one of the diplomas of the school.

The school is maintained primarily for the training of teachers for the public schools of the State, and its courses are outlined with special reference to the requirements of the State Board of Examiners for the various teachers' certificates, which are granted upon completion of the courses in a satisfactory manner.

The school year is divided into four quarters of about twelve weeks each, any three of these, whether consecutive or not, counting as one full year.

The Spring Quarter begins March 29, thus enabling teachers whose schools close in the early spring to enter the Normal School and complete three, four-and-a-half, or six months of consecutive work before their schools open again in the fall. The Spring and Summer Quarters will be of equal rank with any other quarter.

Either term of the Summer Quarter may be considered as the equivalent of the session of other Summer Normals of like duration. On account of the location of this school and the facilities offered by it, equipment for boarding as well as academic purposes, it is believed that the advantages here will be equal to those at any of the summer schools of the State and very superior to most of these. The summer

climate of Harrisonburg makes it especially well suited as a location for a summer school. Many persons from the lower sections of the State and elsewhere take refuge in this locality during the whole summer and several well known summer resorts are not far from the town. In addition to the attraction of the mountain section in summer, the school Dormitory will be in full operation, offering a comfortable and pleasant home for those in attendance at the summer school.

Full credits will be allowed for work completed in the Spring or Summer Quarters. It will be found that the courses are, many of them, arranged with a special view to preparing for the State Examinations to be given at the

school July 28, 29 and 30.

No tuition will be charged in the Spring Quarter for teachers or those preparing to teach. All places in the school dormitories are taken for this quarter, but rooms may be engaged in private homes near the school, the students taking their meals where they room or at the dining-hall of the school dormitory. The cost of board in either case will be \$3.50 per week, including furnished room, electric light, heat, tood, service and laundry.

All text-books and supplies needed may be purchased at the school supply room; but students are advised to bring with them any text-books which they may possess as

they will probably be of use in their work.

Students should report promptly at the President's office on arrival in Harrisonburg. Information as to boarding-places, registration, etc., may be obtained there.

Prospective students for either the Spring or Summer Quarter are urged to write to the President at once, in order that suitable

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accommodations may be reserved for them.

### COURSES OFFERED IN THE SPRING QUARTER.

#### I. EDUCATION.

27. Observation of Teaching.—Periods per week as directed.

The students will observe the teaching of lessons in various subjects in the different grades. The observation will be followed from time to time with discussion of the lessons observed and the educational principles concerned in them.

31. SCHOOL MANAGEMENT.—5 periods per week.

This course will deal with everyday practical problems that arise in everyday school-rooms of whatever grade. Rural school problems will be given special attention. (Repeated in Summer Quarter.)

33. (c) KINDERGARTEN GIFTS AND OCCUPATIONS.—3 periods per week.

A mastery of the kindergarten material will be sought in this course. Students will work through a simple course as carried out by children in the kindergarten.

34. (c) KINDERGARTEN SONGS, GAMES AND STORIES.

3 periods per week.

In this course will be included a study of the songs, games and stories suitable for use in the kindergarten. A general survey of appropriate literature for little children will be included.

35. (c) KINDERGARTEN METHODS FOR PRIMARY TEACHERS,—2 periods per week.

This course will endeavor to show teachers how the methods of the Kindergarten may be used to advantage in the work of the early primary grades. The use of constructive work in this connection will receive considerable attention.

38. (c) The School Program and Methods.—5 periods per week.

Methods of teaching the various branches of the primary curriculum will be considered in this course, and the relations of these branches to each other will be studied with a view to formulating a proper program for the primary grades. (Sections a and b will be given in Summer Quarter.)

39. PRACTICE TEACHING IN RURAL SCHOOLS—6 periods

Following the observation of the work of skilled teachers, the students in this course will be given an opportunity for practice teaching under the careful supervision of skilled teachers, and in the midst of real school conditions.

40. PRINCIPLES AND METHODS OF TEACHING.—5 periods per week.

This course will include a study of the underlying principles of the science of education and the art of teaching. In addition to the work in general method attention will be given to relation of the different subjects of the public school course. The work will be made as practical as possible, and will seek to help the future teacher solve the many problems that will confront her in the school room. (Repeated in Summer Quarter.)

49. PRACTICE TEACHING IN GRADED SCHOOLS.—8 periods per week.

Students in this course will be assigned to certain work under the direction of skilled and experienced supervisors. This training will give the student experience in planning lessons and teaching them, in managing classes and in carrying out the numerous details of school-room work; and will develop in her confidence and skill.

50. (c) HISTORY OF EDUCATION.—3 periods per week.

The work of this course during this quarter will include the systematic study of educational theory and practice in modern education as exemplified in America, England, France and Germany. (Sections a and b will be given in Summer Quarter.)

56. (c) CHILD PSYCHOLOGY.—2 periods per week.

The purpose of this course is to give the student a better knowledge of the child's nature, so that she may be better able to interpret his actions and make use of his instincts and interests at the proper time. Special attention will be given to the processes of learning and of habit forming, and the practical application of the principles learned to the work of the teacher in the school-room. (Sections a and b will be given in Summer Quarter.)

57. Observation of Teaching.—Periods per week as directed.

Similar to course 27.

#### II. ENGLISH LANGUAGE AND LITERATURE.

10. (c) Elementary Language Study.—5 periods per week.

This is an elementary course arranged to meet the needs of those who feel that they have not had sufficient foundation work in the language branches, and those who wish to review them. The course will include:—Reading, Spelling, Dictation, Grammar and Composition.

30. (c) Advanced Language Study and Methods. 5 periods per week.

This course will make a study of grammar and rhetoric, with a view to giving the student additional subject-matter for teaching purposes and for her own improvement. It will include the reading of a number of classics and the discussion of them in class together with written work based on these and others read outside of class. (Section a or b will be given in Summer Quarter.)

# 41. (c) ENGLISH LITERATURE.—2 periods per week.

It will be the aim of this course to acquaint the student with the best literary creations, with those men and women who have contributed largely to the growth of literature, and with the conditions under which literature has been created in the different ages. (Repeated in Summer Quarter, also Sections a and b, unless course 51 is given.)

50. (c) ADVANCED RHETORIC AND COMPOSITION.—3 periods per week.

This course will include constant practice in writing and a study of the best English models for improvement in style. Theme-writing, storywriting, oratory and debate will receive attention.

# 51. (c) AMERICAN LITERATURE.—2 periods per week.

It will be the aim of this course to study the development of American Literature, and to acquaint the student with its best productions, their authors and the conditions that have produced them. (Repeated in Summer Quarter, also sections a and b, unless course 41 is given.)

#### III. FOREIGN LANGUAGES.

# 20. (c) Introductory Latin.—3 periods per week.

This course will introduce the student to the grammar of the Latin language, and give some practice in reading Latin and in the translation of easy sentences and short paragraphs from Latin into English, and English into Latin.

# 30. (c) ELEMENTARY LATIN.—3 periods per week.

This course will continue the study of Latin grammar and translation. A portion of Caesar's Gallic War will be read, and practice given tion. A portion of text. (Sections a, b or c given in Summer Quarin exercises based on the text. (Sections a, b or c given in Summer Quarter.)

# 50. (a) ADVANCED LATIN.—3 periods per week.

This course will continue and review Latin grammar, and will continue composition. The reading will be from Vergil.

# 24 (c) ELEMENTARY FRENCH.—3 periods per week.

This course will include a study of grammar, reading, composition and oral exercises. Dictation will receive attention throughout the course.

# 27. (c) Elementary German.—3 periods per week.

This course will seek to give a familiarity with the rudiments of grammar, the ability to translate easy prose and simple lyrics and to put English sentences into German.

#### IV. GEOGRAPHY.

# 10. (c) GENERAL GEOGRAPHY.—4 periods per week.

This course will be offered for the special purpose of reviewing and extending the work in Geography done by the student before coming to this school. (Section a given in Summer Quarter.)

# 38. GEOGRAPHY AND METHODS.—5 periods per week.

This course will deal with methods of teaching Geography in the different grades. Simple apparatus will be planned and made by the students, field lessons will be arranged, and courses mapped out for the different grades of the elementary school.

# 42. (a) PHYSICAL GEOGRAPHY.—4 periods per week.

In this course a thorough review will be made of mathematical geography and elementary meteorology, after which the study of land forms, their origin, and the agents at work upon the land producing them, will be pursued in a detailed way. Topographic maps will be studied carefully, and their use in the school and the method of reproducing explained. (Section b given in Summer Quarter.)

# V. HISTORY AND SOCIAL SCIENCES.

# 10. VIRGINIA HISTORY.—4 periods per week.

This course will give a brief review of colonial history and the history of the State, with a view to extending the knowledge of the students and fixing in their minds the essential facts. (Repeated in Summer Quarter.)

# 11. (b) United States History.—4 periods per week.

This course will review the history teaching of the lower schools and extend the same, endeavoring to furnish the student with the essentials of the subject and directing her as to the collection and grouping of material for use in her work as teacher.

### 46. English History.—5 periods per week.

This will be a general course in English History from the earliest times to the present, but special emphasis will be placed on those portions which refer to constitutional development and those portions which have the most direct bearing on American History and institutions. (Repeated in Summer Quarter.)

### 50. (c) Modern History.—2 periods per week.

This course will be a general survey of Modern History. Special attention will be given to the history of England, France and Germany.

### 55. CIVIL GOVERNMENT.—3 periods per week.

This course will include a study of the government of the United States and a comparison with that of European nations.

#### VI. HOUSEHOLD ARTS.

### 20. SEWING.—4 periods per week.

The course will include needle-work, simple machine sewing, simple pattern-drafting and garment-making. The students will learn the various hand-stitches and simple forms of machine-sewing directly on useful articles, including under-garments. Each problem will be considered as it may be taught to children, and its adaptation to use in public school work. (Not given in Spring Quarter, but given in Summer Quarter.)

# 21. (b) Advanced Sewing.—4 periods per week.

This course will continue the work of Course 20. Fee for materials, 50 cents.

### 25. (b) Cooking.—4 periods per week.

This will be an elementary course in cooking, including the study of foods as to their general composition and nutritive value, the effect of heat upon foods and their preparation, cooking processes, food preservation, the management of utensils and stoves, and the planning, preparation and serving of meals. (Section a given in Summer Quarter.) Fee for materials, \$1.00.

### 37. Home Nursing.—2 periods per week.

This course will include work in home nursing, emergencies and the care of children. Its purpose is to give a knowledge of what to do in cases of accident or other emergencies in the absence of a physician, to give ability to nurse cases of sickness in the home in an intelligent manner, and to prepare food for the sick in the home.

#### VII. MANUAL ARTS.

10. (c) DRAWING AND HANDWORK FOR PRIMARY GRADES.—2 periods per week.

The work of this course will include drawing and handwork suitable for the first four years of the elementary school. Fee for materials, 50 cents. (Sections a, b and c given in Summer Quarter.)

20. (c) DRAWING FOR GRAMMAR GRADES.—2 periods per week.

In this course the student will continue still-life drawing and the study of the principles of perspective. The work will be suitable for use in the last four grades of the elementary school. (Sections a, b and c given in Summer Quarter.)

25. (c) HANDWORK FOR GRAMMAR GRADES.—2 periods per week.

This course will include instruction in certain forms of handwork suitable for the last four grades of the elementary school, such as bask-etry, weaving, and work in wood, Venetian iron, leather, etc. Fee for materials, 50 cents. (Sections a, b and c given in Summer Quarter.)

# 35. (c) Woodworking.—2 periods per week.

This will be an elementary course in benchwork in wood. A comprehensive set of tools and various woods will be used. The articles made will each be complete in itself and useful. Fee for materials, 50 cents. (Sections a, b and c given in Summer Quarter.)

#### VIII. MATHEMATICS.

# 10. (c) ARITHMETIC.—4 periods per week.

This course will be a thorough review of the Arithmetic of the elementary schools, emphasis being placed on the more important and more difficult topics. (Repeated in Summer Quarter, or Section a or b.)

# 21. ELEMENTARY ALGEBRA.—5 periods per week.

This course will include the fundamental operations in Algebra, the use of symbols, factoring, combining and simplifying of simple equations of one or more unknown quantities, etc. The study will extend as far as the time will allow, but thoroughness in fundamentals is considered more important than extent.

38. ADVANCED ARITHMETIC AND METHODS.—5 periods per week.

This course will give some review in certain portions of subject-mat-

ter, but its chief attention will be directed toward giving the future teacher the essentials of method in the presentation of number work in the different grades. The course will pre-suppose a good knowledge of Arithmetic. (Repeated in Summer Quarter.)

# 40. (c) ALGEBRA. —5 periods per week.

This will be a general course covering the entire field of high school Algebra. (Section a, b or c given in Summer Quarter.)

# 50. (c) Plain Geometry.—6 periods per week.

This course will cover the work as usually given in high-school and elementary college text-books. (Sections a and b or c given in Summer Quarter.)

#### IX. MUSIC.

# 20. (c) VOCAL MUSIC.—2 periods per week.

The aim of this course will be to give training in time and tune and a fair proficiency in sight singing.

### 30. (c) School Music.—2 periods per week.

This course will continue the work of the preceding course, and, besides helping the student to develop her own powers, it will give her an idea of how to teach singing in the elementary schools and how to select suitable music for school use.

#### X. NATURAL SCIENCE.

20. (b) Physiology and Hygiene.—4 periods per week.

The aim of this course will be to give a brief but comprehensive survey of the subject to make the student familiar with the essential facts relating to the structure of the body and the functions of the different parts. (Section a or b given in Summer Quarter.)

46. (c) CHEMISTRY.—5 periods per week of recitations, etc.; and 4 periods of laboratory work.

This course includes text-book work, lectures and recitations, demonstrations and experiments. Considerable independent laboratory work is required, and students must keep permanent notes.

#### XI. PHYSICAL EDUCATION.

Students will be assigned daily physical exercise by the instructor in charge. Classes for systematic instruction meet twice each week. The work includes: outdoor exercises of various kinds, such as walking, running, basket-ball, lawn-tennis, etc.; plain and fancy marching, class evolutions and floor formations; instruction in the use of simple pieces of

apparatus, as dumb-bells, wands, Indian clubs, etc.; selected exercises suitable for pupils of the various grades of the elementary and high suitable for pupils and plays suitable for indoor and outdoor use, both for schools; games and plays suitable for indoor and outdoor use, both for personal development and for use in teaching. (Repeated in Summer Quarter.)

#### XII. RURAL ARTS.

20. (c) NATURE STUDY AND SCHOOL GARDENING.—4
periods per week.

A large part of the time will be given to actual work in school-gardening, in which such topics as laying off a garden, how it should be dug, cultivated and fertilized, what vegetables and what flowers may be raised to mature during the school session, the effect of certain insects for good or for bad, and other interesting topics arising during the process of cultivation, will be treated. (Sections a and b given in Summer Quarter.)

EXPLANATORY NOTE: In the above the letters following the numbers of the different courses denote which portion of the course is to be given the Spring Quarter. The letter (c) denotes the latter third of the course, the full course extending through three quarters. The letter (b) denotes the latter half of the course, the full course extending through two quarters. The letter (a) denotes the first half of the course, the full course extending through two quarters. In many cases students may enter a course to advantage even though the last section is being given. In some cases an entirely different portion of the subject is taken up in the different sections. Students may in most cases continue or complete a subject by taking one section of the course in the Spring Quarter and the other section or sections in the Summer Quarter. Where no letter follows the course number the full course is given during the quarter.

# COURSES TO BE OFFERED IN THE SUMMER QUARTER.

### PRELIMINARY ANNOUNCEMENT

The courses to be offered in the Summer Quarter will be announced in a later edition of the Bulletin (March number). Arrangements for the following courses have been made, and others will be added later. Those interested should be sure to obtain a copy of the next Bulletin. The numbers of the following courses correspond to the numbers in the catalogue, and most of them are described above under Spring Quarter.

### By PROF. HEATWOLE:

Education 31—School Management.

Education 40-Principles and Methods of Teaching.

Education 50—History of Education.

### By Miss Shoninger:

Education 38—The School Program and Primary Methods (double period.)

Education 56—Child Psychology.

### By MISS CLEVELAND:

English 30-Language Study and Methods.

English 40—Rhetoric and Composition.

This course will make a study of diction, the forms and properties of style, metre and poetry. Prose composition will be emphasized, and much practice will be given in the writing of paragraphs, outlines, reports, descriptions, stories and original compositions on a variety of subjects.

English 41—English Literature, or English 51—American Literature.

# BY MISS LOOSE AND ASSISTANT:

Foreign Languages 30—Elementary Latin (Caesar), or Foreign Languages 40—Intermediate Latin (Cicero). Natural Science 20—Physiology and Hygiene.

Physical Education.

By Prof. W.D. Smith

Geography 10-General Geography.

Geography 42—Physical Geography.

Rural Arts 20-Nature Study and School Gardening.

By DR. WAYLAND:

History 10-Virginia History.

History 25-Elementary Civics and Methods. .

This course will give special attention to State government, with Virginia as the type. City, town, and county government will be included. The relation of the State to the Federal government will be discussed.

History 38—United States History and Methods.

The purpose of this course will be to review and extend the study of American History; and to study the methods of teaching it in the grades of the elementary school. References will be given to the best pedagogical literature on the subject.

History 46—English History.

By MISS SALE:

Household Arts 20-Sewing.

Household Arts 25—Cooking.

Manual Arts 35—Woodworking.

By MISS SPECK:

Manual Arts 10—Drawing and Handwork for Primary Grades.

Manual Arts 20—Drawing for Grammar Grades.

BY PRESIDENT BURRUSS AND ASSISTANT:

Manual Arts 25—Handwork for Grammar Grades.

Manual Arts 58—Theory and Practice of Teaching Manual Arts.

This course will consider the history, theory and philosophy of Manual Arts: the place of Manual Arts in education; the formulation of

courses; plans of equipments; the purchase of supplies and materials; and similar topics. Methods of presenting the work and conducting classes will be given much attention. The course will be especially valuable to those who are preparing for positions as supervisors or special teachers of the Manual Arts.

By Prof. W. R. Smithey

Mathematics 10—Arithmetic.

Mathematics 38—Advanced Arithmetic and Methods.

Mathematics 40—Algebra.

Mathematics 50—Plane Geometry.

All classes in the Summer Quarter meet five times a week. The Summer Quarter is divided into two terms, the first being six weeks in length and the second five weeks.

A number of the above courses may be completed in the first six weeks of the Summer Quarter, in time for the State Examinations (to be held at the school) July 28, 29 and 30; and the work will be outlined especially to help teachers who desire to take these examinations. By reference to the above list it will be seen that instruction in the Summer Quarter is offered in the subjects needed for First Grade and Professional Certificates.

Special attention is called to the fact that those who desire to do so may remain at the school for a second term of five weeks during the summer and thus complete a full quarter's work which will be credited toward the diplomas and certificates of the school.

Attention is also asked to the unusual number of courses in the industrial branches—Manual Training, Drawing, Sewing, Cooking, School Gardening—for which this school is exceptionally well equipped.

Correspondence is invited with reference to the above courses, other courses which may be desired, or any point in connection with the summer session. Send for the special Summer Quarter announcement, which will be ready about the middle of March.