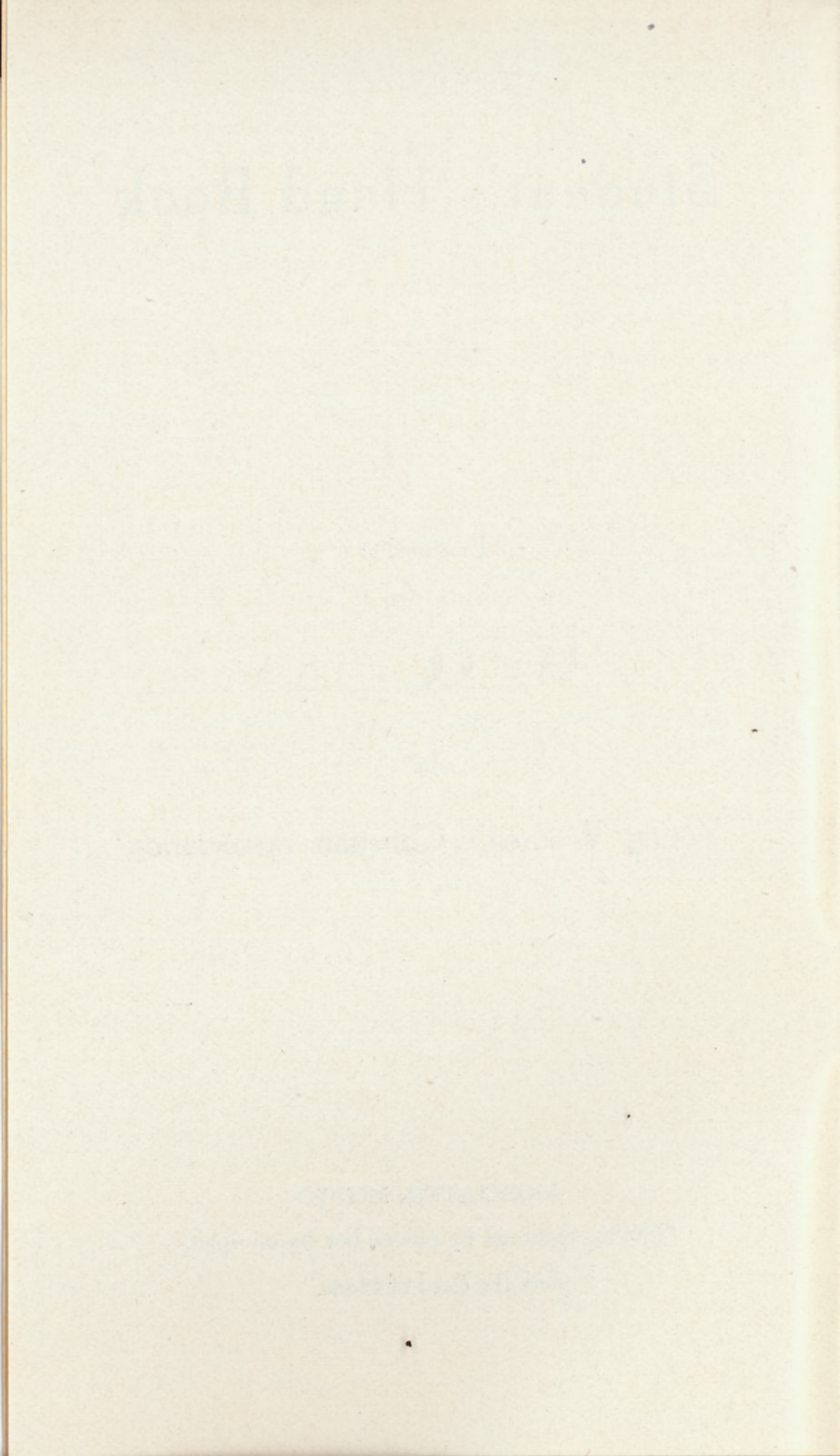


Young
Women's Christian
Association

1914-15

State Normal School
Harrisonburg, Va.



Student's Hand Book

Presented to

W. Q.

by

Young Women's Christian Association

ASSOCIATION MOTTO

"Not by might nor by power, but by my spirit,
saith the Lord of Hosts."

GREETING

To you, dear New Student, we extend a very hearty greeting as you enter our school and a cordial invitation to join with our organization.

We believe that the most important years of a girl's life are those spent in college because they come at that period when her ideas and ideals are being crystallized, and her habits are taking permanent form. Realizing this, the young Women's Christian Association was organized with a view to contribute its part to the moulding of noble christian character that will be a credit to our institution and a joy to the homes from which they come.

We know that school life is a busy one; that there are many duties and interests to claim your time and attention, but you should not forget that, to be truly educated, one must develop the whole nature, intellectual, physical, and spiritual. We need your co-operation and inspiration.

Our Association bids you welcome to the Harrisonburg Normal School.

You are cordially invited to

attend the

Annual Reception

given by the

Young Women's Christian

Association

in the

Gymnasium

on

Friday Evening, October Second

Nineteen hundred and fourteen

Object of Association

The object of this Association shall be to bring young women to accept Christ as their personal Savior, to develop Christian character, to unite young women in Bible study and in Christian service, and to interest them in co-operating with the Christian Church.

Requirements for Membership

1. The active membership shall consist of any women connected with this institution who are members of Protestant evangelical churches and who have been elected by a majority vote of the members present. Only active members shall have the right to vote and to hold office.

2. Any woman in the school may become an associate member by a majority vote of the members present at any meeting.

3. The membership fee shall be fifty cents a year.

4. It shall be the duty of each member to co-operate heartily in carrying out the object of the Association as indicated above.

GENERAL ASSOCIATION WORK

The Young Women's Christian Association represents our spiritual life here. Our Thursday evening meetings, our Morning Watch, our Bible classes, our mission classes, and our social life bring us closer together; through them we hope to learn of our Master.

For our work outside of the Association we have pledged ourselves for the partial support and education of a mountain girl

who is ambitious to be "a First Grade teacher." "Noontide," for that is her name, is getting along nicely and we are proud of her. She graduated from a foundation school this year at the head of her classes. She expects to work this summer so that she can help with her education. This year we endowed a cot in Laichow-Fu, China and shall pay five dollars annually for its maintenance.

Another, but not the least part of our outside work, is the sending of delegates to the Association conferences of the year. The most important one is the ten-days meeting at Black Mountain every June. All the year we plan for this and work to raise the required funds. When our delegates leave we are almost as enthusiastic as they. They catch the spirit and the fire of this great Christian gathering and come back to us in the fall ready to touch us with this fire of enthusiasm and kindle us to better things. Thus we try to have a part in the great world-wide work and at the same time to strengthen our own Association by keeping in touch with others interested in the same work.

In order to do our outside work we have a plan of systematic giving. In this way each girl has a chance to give whatever she can, in a definite way, for a definite purpose.

The Cabinet

The Cabinet, which consists of the President, Vice-President, Secretary, Treasurer, and Chairmen of the Committees, represents every line of work carried on by the Association. It meets regularly once a week for careful and definite con-

sideration of the Association work.

It is in the cabinet meeting that work of the various committees is discussed, school problems carefully considered, and suggestions and plans for future work are made. The cabinet would be grateful for any help or suggestions given to it by any one interested in the Association work.

Why be a Member?

1. Because it is Christ's work in which you may have a share.
2. Because it is a means of keeping you in closer touch with the Master.
3. Because the Association needs you and you need the Association.

Purpose of the Membership Committee

Our great desire and purpose is to make life sweeter and happier for those around us and to serve Christ acceptably in all things. We want to know the girls and to help them to know each other and to be happy with us.

A Model Association Member

1. Should be a consistent member.
2. Should spend sometime daily in devotional exercises.
3. Should be a busy member.
4. Should attend all the meetings.
5. Should be happy and so make others happy.

The Religious Meetings Committee

"By love serve one another."

We arrange the programs for our weekly meetings which are held every

Thursday evening; sometimes securing outside speakers to conduct the services, but oftener members of the Association. During your vacation look for ideas that will help us in this work next fall and let us have the benefit of these ideas. Our first Thursday evening meetings will be:

September 24—Our Traditions

Freida Johnson

October 1—The Association in Life and Life in the Association

Agness Stribling

October 8—The Important Text-Book

Mabel Hickman

October 15—Past and Future Mission Work in Our School

Margaret Hagan

Missionary Department

The aims of the committee of the Missionary Department of the Association are as follows:

1. To bring to every student of the school the realization of the importance of missions and of her responsibility in this work, and to bring her into such close touch with the work that she may take an active part in it.

2. To promote prayer for missions.

3. To train the students to give systematically and cheerfully to the support of Christ's great work.

The Work of the Committee

The Association through this committee has undertaken the partial support of "Noontide," a mountain girl in one of the mission schools of Kentucky.

Boxes of toys and dolls and other gifts are sent to mountain mission schools at Christmas. At various times during the session clothing is also sent to these schools.

The Association has in the past year endowed a cot in Laichow-Fu China and has promised to give five dollars every year to support it.

Mission-study classes, led by members of the faculty or by the girls themselves, will be offered during the session. They will be short, ranging from five to eight weeks.

Classes for First Quarter

Leader of Training Class.....	Miss Annie Cleveland
The Emergency in China...Hazel Oldaker	
Church Life	Edith Lacy
India	Lilla Gerow
The New Era in Asia.....	Margaret Hagan
Alaska	Miss Brooke
Child Labor	Mr. Burruss

Bible Study

This year we have planned for a special Bible class led by a member of the faculty. In this way we hope to afford an opportunity for more definite and more intelligent study of the Bible.

Special organized classes are arranged for the girls in the different Sunday Schools of the town. The attendance for each Sunday is posted on the Y. W. C. A. bulletin board, thus arousing competition among the various schools.

We also see that each new girl has some old girl to take her to her own

church on the first Sunday of the session.

Each girl is requested to follow some systematic daily Bible reading throughout the term.

Finance Committee

This year the plan for systematic giving, which was started last year, has been very successful. The girls are given cards on which to state how much money they are willing to give per month or per quarter for the Conferences and Missions. This is collected regularly by monitors on each hall.

The regular dues, fifty cents per year, are paid on Pay Day. On this day each organization collects the dues from its members. Be sure to bring some extra money for this purpose. **Once paid, always over with.**

Every fall, just before the Christmas holidays, the girls have a bazaar for the benefit of the Association. During vacation and at odd moments, make a little fancy article and bring it along for the bazaar. It will be greatly appreciated.

The Social Committee

The work of the Social Committee is a very real and vital part of the whole Association and its especial aim is:

To promote friendly and social relations among the students and to know every girl in school.

This committee helps the new girl to adjust herself to her new home and surroundings.

The Social Committee stands for:

Higher social standards.

Higher ideals of friendship.

Thrift and efficiency.

Good mixing among students.

The Social Committee stands against:

"Crushes."

Studying on Sunday.

Unkind remarks about students.

Questionable conversations.

The work of the committee as a committee is the giving of a reception to the new girls at the beginning of the fall and the spring quarters, and a birthday party every quarter. These are not the end, but rather the means towards this end, and it is through the personal work of the committee members, too, that this end is made real.

The Social Committee extends you a cordial welcome as you come into the school, and hopes that you will soon become one of us.

FROM MR. BURRUSS

Since the beginning of our school we have had a flourishing Young Women's Christian Association. No organization has had a greater part in shaping our student life. It has given a moral and spiritual tone to the school, which has had a most wholesome effect. Not narrowly sectarian, it has become an all-embracing sisterhood, while it has stood always for those high principles of conduct which the Master taught. Its Bible study and mission classes have been well-organized, its meetings have been well-planned, and numerous interesting speakers have been secured through its efforts.

The social side of the activities of the Association has been as enjoyable as the spiritual side has been valuable. It has helped the students to become acquainted with one another, with their teachers, and with the ministers and Sunday School officials of the town. It has assisted new students in becoming at home in our midst. It has provided from time to time happy gatherings for recreation and relief from the more serious side of school life. Its affiliation with the great international organization has broadened our perspective and widened our sympathy.

It would gladden my heart to see every student a member of this splendid organization for good and an active participator in its efforts for service.

JULIAN A. BURRUSS,
President.

Invitation from the Ministers

The ministers very cordially invite you to identify yourself with the church of your own faith while in Harrisonburg. They are glad to know you personally and to have you visit in their homes. It is a pleasure and a privilege for them to render you any personal service while here. The opportunity for personal friendships with members of your own and other churches, and for spiritual culture should mean much in the regular worship and service, as well as the social life of the churches.

Churches and their Pastors

Baptist	Rev. C. T. Hewitt
Church of Christ	Rev. G. C. Minor
United Brethren in Christ	..	Rev. R. Rock
Episcopal	Rev. J. L. Jackson
Hebrew	Dr. J. Schwanenfeld
Lutheran	Rev. E. L. Folk
Methodist	Rev. H. M. Canter
Presbyterian	Dr. B. F. Wilson
Reformed Church	Rev. J. S. Garrison
Roman Catholic	Father Crowe
Church of the Brethren	..	Rev. P. S. Thomas

THE HONOR SYSTEM RULES

I. The Honor System herein inaugurated by the students of the State Normal and Industrial School at Harrisonburg requires absolute honesty in all oral and written class work, in all examinations, and in such other work as the instructors shall assign to be done without assistance. This honesty applies as fully to the giving as to the receiving of illegitimate help.

II. Anyone believing that a breach of the Honor System has been committed should feel it her duty to have a personal conference with the offender. If the girl who makes the accusation is satisfied with the result of the conference, there shall be no further investigation of this particular offense, but the matter shall be reported, for record only, to the Honor Committee. If this conference is not satisfactory to the student upholding the Honor System, or if in the first place she has not felt able to bring herself to the interview urged above, she shall report the offender to the Chairman of the Honor Committee; after which the Committee shall investigate the matter as quietly and speedily as possible.

III. After a thorough investigation has been made, two members of the committee shall be appointed by the chairman to go to the accused girl and demand of her an explanation of her conduct. If convinced of her guilt, they shall warn her as to future consequences should she again be guilty of any act of dishonesty.

IV. The accused shall have the privilege of demanding a hearing before the Honor Committee at any time.

V. If the offense is repeated, or any other breach of the Honor System is com-

mitted by the same girl and is reported to the Honor Committee, they shall summon her to appear before them, by serving a written notice in ordinary letter form.

VI. If, after hearing her explanation and all available evidence, or rather her refusal to give an explanation, seven out of the nine, or ten out of the twelve who compose the Honor System Committee are convinced of the guilt of the accused, and shall so cast their votes in secret ballot, this shall mean that the decision of the Committee is for asking the girl to withdraw from school. Before any announcement of this decision is made the Honor Committee shall report the case in full to the Faculty. If the Faculty, meeting independently, shall come to the same decision as the Honor Committee, the girl shall be asked to leave school at once. If the Faculty does not come to the same decision as the Honor Committee, the Committee shall meet with the Faculty, and these two bodies conferring together shall reach an agreement.

VII. The rules of the Honor System shall be enforced by the Honor Committee.

The Honor Committee shall be composed of twelve members, three to be elected by each of the following groups of students from their own number: (1) Seniors, (2) Juniors, (3) Sophomores. Two are to be elected from the Freshman class and one from the group of Specials.

VIII. Any student registered in any department of this school shall be subject to these regulations.

These rules shall be subject to changes, provided the whole committee and three-fourths of the students of the school so desire.

Every student in the school shall be required to sign a statement that she has become familiar with the foregoing Honor System and pledges herself to maintain it.

Literary Societies

In the school there are now three literary societies—the Lee, the Lanier, and the Stratford. The last named was organized in the session of 1913-1914 by volunteers from the other two societies.

The societies are conducted by the girls themselves and form an important part of school life. Each one stands for some definite thing; the Lee primarily for history, the Lanier for literature, and the Stratford for drama.

An open meeting of one of the societies is held every Saturday evening, the societies holding a joint meeting the fourth Saturday of each month. Invitations for membership are extended to the new girls.

ATHLETIC ASSOCIATION

Every teacher and student of the school is a member of the Athletic Association. This organization has charge of all the athletic features of school life outside of the regular gymnasium class work. It is organized under a president and committee. The annual membership fee is fifteen cents.

There are two tennis clubs in school, the Finquet and the Racket; also two hockey teams, the Cherokee and the Chickasaw. The girls who play these games, those who wish to learn, and others who are interested usually join. The three tennis courts and the hockey field are open to all and especially to the members of the clubs and teams.

Once a year the tennis clubs choose their best players and have a tournament. The winning side receives the Loving Cup. The names of the winners are put on it, and the cup is kept by them for the ensuing year.

Each of the classes, Seniors, Juniors, Sophomore, and Freshman, has its basket ball team and its volley ball team. These teams have many games during the session. In winter they play in the gymnasium, and in good weather they have out-door games. The team winning the greatest number of match games is the champion team of the year.

This organization also has charge of the Field Day exercises, which are a part of Commencement. It plans many interesting features and events for that day.

MASSANUTTEN CAMP FIRE

The purpose of this organization is to make efficiency and happiness go hand in hand by creating a wholesome attitude toward the essential things of life. The watchwords are Work, Health, and Love, from which the mystic word Wohelo comes. In our school this organization has an especial place, for in it our students receive the training which enables them to teach to growing girls the meaning of the deeper things of life.

The Laws of the Camp Fire are to seek beauty, give service, pursue knowledge, be trustworthy, hold on to health, glorify work, and be happy.

In addition to the National rules the Camp Fire Girls of our Normal School have adopted certain other rules as the need for them was felt.

Membership is open to any girl in school who makes an average of 80 per cent on class work and signifies her desire to become a Camp Fire Girl and to comply with the laws of the Camp Fire. On account of the rapid growth of the organization, it has been divided into three groups, each having a guardian.

All guardians are appointed by the National Board. The chief guardian in our school is Miss Rhea C. Scott.

An Advisory Council, composed of the chief guardian, the president of the organization, and two other members from each group, was appointed. The duty of this council is to deal with any girl who has failed to live up to the requirements of the organization.

A Day's Program

Rising Bell	6:30	A.M.
Morning Watch	7:30	A.M.
Breakfast	7:45	A.M.
First Class	8:30	A.M.
Second Class	9:20	A.M.
Chapel	10:10	A.M.
Third Class	10:45	A.M.
Fourth Class	11:35	A.M.
Dinner	12:25	P.M.
Fifth Class	1:30	P.M.
Sixth Class	2:20	P.M.
Seventh Class	3:10	P.M.
Eighth Class	4:00	P.M.
Supper	6:00	P.M.
Study Hour	7:00	P.M.
Warning Bell	10:00	P.M.
Lights Out	10:30	P.M.

Your Room

Bring pictures, photographs, pennants, and other ornaments to give your room a home-like air. Bring picture hangers but leave behind all tacks. Bring two pairs of curtains, or, if you have a corner room, three pairs. Bring bureau scarfs, table covers, and sofa pillows, if you have them. A blanket, a calendar, and a clock are useful. Bring all the dainty articles usually found on your dressing table. A glass and spoon and odd cups and plates will be found very useful for feasts. You may bring your chafing-dish to use later as we are to have a fire-proof chafing-dish room in the new building, but leave your matches and candles at home. Bring several of your favorite books and be sure to remember your Bible.

The Mail

Have all your mail addressed in care of the State Normal School if you are taking your meals at the dormitories. This is to insure safe and prompt delivery. Mail is delivered each day after dinner and supper except on Sunday. Those boarding in town may have it sent to their number or to the school.

How to Begin

Begin with a purpose; keep the end in view. Be open and ready to receive new ideas and impressions but give each careful consideration before making it a part of you. Remember that each life has something which can mean something to you.

Be your real self. The school is looking to its incoming students for new personality but remember you are but one among many. Do not forget that there are perhaps many, more homesick than you. How would you like to try to cheer the little girl rooming with you?

"If I Were You"

I should have at least one worthy ideal.
I should be careful of my criticisms of others.

I should be on time every time. If you are late somebody else will be kept waiting.

I should be quiet in chapel before the opening exercises begin.

I should remember that it is only the

courtesy due to speakers to give them strict attention.

I should remember to moderate my voice while in the halls.

I should not disturb other people during study hour.

I should study regularly and not "cram" before examinations.

I should never have a "crush." They are dangerous attachments.

Choice of Friends

"Friendship supplies the place of everything to those who know how to make the right use of it; it makes your prosperity more happy, and it makes your adversity more easy."

Our friends will mean much to us at school and we will mean much to them, if we are the right kind of friend. We, the old girls, shall look out for you, but if you feel the blues coming on when there's no one around whom you know very well, won't you hunt up some other new blue girl and be nice to her? She really needs somebody to find her out, somebody who will be her friend and make her forget herself. Would you like to know a little secret? When you have made this homesick, little new girl happy because she feels that there is some one in school who really cares, you will be surprised to discover that all of your symptoms of blues have vanished, and you will then be learning the truest meaning of friendship.

Pointers

Do not mind asking questions; anyone will be glad to answer them if she can.

Study your catalogue and know the course you wish to take before you go to the registration committee.

Watch the bulletin boards.

Be sure to join the Association. Decide at once what mission class or what Bible class you will join.

Take plenty of out-door exercise.

Keep this little "Hand-book" near to consult during the year.

Pay Day

It is truly **the** day, the day when we get rid of our change and incidentally all of the dues of the various organizations. Association, literary society and class dues together with other club dues are paid once and for all on this day. Come ready to do business with a full purse, and although you go away with it empty there will be a light heart and a glad smile to pay for the emptiness.

OFFICERS AND COMMITTEES

President.....Freida Johnson, Lovettsville, Va.

Vice-Pres'tAgness Stribling, Petersburg, Va.

SecretaryAlice Gilliam, Pamplin, Va.

TreasurerMary Bosserman, Mint Spring, Va.

Membership

Agness Stribling, **Chairman.**

Elizabeth Pettus	Eleanor Hubbard
Lottie Rinker	Lora Shafer
Helen Houseman	Hazel Oldaker
Carrie Strange	Zola Hubbard

Religious Meetings

Edith Lacy, **Chairman.**

Mae Giles	Lula Shrader
Anne Jones	Elizabeth Tardy
Nan Wiley	

Bible Study

Mabel Hickman, **Chairman.**

Frances Coleman	Molina Wilson
Ruth Brown	Eloise Pugh
Ora Alphin	Evangeline Tavener

Missionary

Margaret Hagan, **Chairman.**

Lillian Chalkley	Lilla Gerow
Margaret Berry	Geneva Reynolds
Marguerite Hughes	

Association News

Alice Gilliam, **Chairman.**

Frances Cole	Audrey Lauck
Hattie Diehl	Edith Martz
Mattie Brunk	Ethel Plumb

Social

Ruth Sanders, **Chairman.**

Mary Austin	Virginia Hatcher
Mary Alexander	Marie Johnson
Marjorie Cooper	Emily Edwards
Lavina Milby	

Finance

Mary Bosserman, **Chairman.**

Lucy Cobb	Columbia Johnson
Ellen Engleman	Margaret Kinnear
Laura Jones	Lillie Massey

Alumnae

Lillian Millner, **Chairman.**

Sara Monroe	Marcia Morris
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Advisory Members

Miss Natalie Lancaster
Miss Annie Cleveland

