

State Normal School

Harrisonburg, Va.

1913-'14

Student's Hand Book

PRESENTED BY

Young Women's Christian Association

ASSOCIATION MOTTO

"Not by might nor by power, but my
spirit, saith the Lord of Hosts."



GREETING

The Young Women's Christian Association extends to you a hearty greeting as you come to enter our school. This little book bears our message of welcome and seeks to be of aid to you in adjusting yourself to your new life here.

As you come into our midst, it is our desire to help you in every way and we need you to help us.

In school we lead a busy life, and the many pressing duties tend to make us neglect our spiritual development. The Association gives us opportunities for deepening our religious life, for service to others, and for closer relationship with them.

We desire your membership in the Association, and our aid shall be mutual. Come thou with us and we will do each other good.

Officers and Committees

President. Josephine Bradshaw, McDowell, Va.
Vice-Pres't.....Lillian Millner, Norfolk, Va.
Secretary.....Patty Goode Phaup, Mosley's
Junction, Va.
Treasurer.....Mary Silvey, Amissville, Va.

Standing Committees

Membership

Lillian Millner, *Chairman*.
Lucy Butler. Christine Markham.
Pierce Lyon. Estaline Sale.
Neville Dogan. Agnes Lake.
Anne Jones. Lucy Mitchell.
Bessie Turner.

Religious Meetings

Tracie E. Burtner, *Chairman*.
Virgie Buchanan Susie Baker.
Mary Buck Nan Wiley.
Rosa Maupin.

Bible Study

Freida Johnson, *Chairman*.
Mabel Hickman. Ora Alphin.
Bess Gilmer. Edna Hutcherson.

Missionary

Mary Stone, *Chairman*.
Cecile Grasty. Mamie Livick.
Mary Smith.

Association News

Patty Goode Phaup, *Chairman.*

Corinne Bowman.	Florence Allen.
Lillian Paxton.	Hattie Diehl.
Audrey Jones.	Avice Roane.
Mary McCown.	

Social

Carol Ruan, *Chairman.*

Mary Austin.	Elsie Morton.
Nell Farrar.	Eva Steger.
Lucy Mackey.	Elizabeth Mitchell.

Finance

Mary Silvey, *Chairman.*

Bertie Lib Miller.	Columbia Johnson.
Mary Bosserman.	Stuart Everett.
Leila Marshall.	Bertha Bare.

Alumnae

Kathleen Harless, *Chairman.*

Serena Barger.	Susie Maloy.
Elizabeth Gentry.	

Advisory Members

Miss Natalie Lancaster.
Miss Annie Cleveland.

Object of Association

The object of this Association shall be to bring young women to accept Christ as their personal Savior, to develop Christian character, to unite young women in Bible study and in Christian service, to interest them in co-operating with the Christian Church, and to supplement existing Christian work in the school.

Requirements for Membership

1. The active membership shall consist of any women connected with this institution who are members of Protestant evangelical churches and who have been elected by a majority vote of the members present. Only active members shall have the right to vote, and to hold office.

2. Any woman in the school may become an associate member by a majority vote of the members present at any meeting.

3. The membership fee shall be fifty cents a year.

4. It shall be the duty of each member to co-operate heartily in carrying out the object of the Association as indicated above.

General Association Work

We do not get many more things done than other students and perhaps not as many, yet we are a busy crowd. Our main work among the girls is through our weekly devotional meetings, the Morning Watch, the Bible classes, the mission classes, and the social life. These will be discussed elsewhere in this little book.

At present we are very much interested in some of our outside work. Through the efforts of our Mission Committee we have pledged ourselves for the partial support and education of a mountain girl who is ambitious to be "a First Grade teacher." Noontide, for that is her name, is getting along nicely and we have reason to be proud of her.

Another, but not the least part of our outside work, is the sending of delegates to the Association conferences of the year. The most important one is the ten-day meeting at Black Mountain every June. All the year we plan for this and work to raise the required funds. When our delegates leave we are almost as enthusiastic as they. They catch the inspiration and spirit of this great christian gathering as well as the experience, and come back in the fall ready to impart it to us and to make helpful suggestions.

In order to do this outside work we have started a plan of systematic giving. In this way we give each girl a chance to give whatever amount she can in a definite way to a definite purpose.

The Cabinet

The Cabinet, which consists of the President, Vice-President, Secretary, Treasurer, and Chairmen of the Committees represents every line of work carried on by the Association. It meets regularly once a week for careful and definite consideration of the Association work.

It is in the cabinet meeting that work of the various committees is discussed, school problems carefully considered, and suggestions and plans for future work are made. The cabinet would be grateful for any help or suggestions given to it by any one interested in the Association work.

Missionary Department

The aims of the committee of the missionary department of the Association are:

1. To bring to every student of the school the realization of the importance of missions and of her responsibility in this work, and to bring her into such close touch with the work that she may take an active part in it.

2. To promote prayer for missions.

3. To train the students to give systematically and cheerfully to the support of Christ's great work.

Work of the Committee

Mission-study will be offered during the session. These classes will be taught by members of the faculty and of the student-body. They will be short, ranging from four to eight weeks.

The Association through this committee has undertaken the partical support of "Noontide," a mountain girl in one of the mission schools of Kentucky.

At Christmas, boxes of dolls, toys, and other gifts are sent to mountain mission schools. At various times during the session barrels of clothing are also sent to these schools.

It is sincerely hoped that this year our committee can raise enough money to endow a cot in one of the hospitals of China.

Classes for First Quarter

Child Labor.....	Mr. Burruss
China.....	Miss Annie Cleveland
Japan.....	Virgie Buchanan
Mountain Work.....	Mary Smith
General Missions.....	Lillian Millner
Mormanism.....	Kathleen Harless
Family and Social Work.....	Tracie Burtner
Alaska.....	Miss Brooke

Why be a Member?

1. Because you need the sympathy and help which the Association extends to all.
2. Because by this means you are in closer touch with Christ.
3. Because we need you.

Purpose of the Membership Committee

We, the members of the Membership Committee, recognize the following as our outline of work:

Our purpose is to fulfill to the best of our ability those duties which devolve upon us, not only in connection with the Association work, but in every day life. We expect to look after the girls, not only with a view as to their prospective membership, but as to their general welfare.

A Model Association Member

1. Should be a busy member. We need your help, and if you have no Association work, our president or secretary will be glad to give you some.
2. Should be a consistent member. We should never forget that our every day belongs to Christ.
3. Should have regular habits of Bible study and prayer. We should never forget the Bible study classes planned for us, but most of all, should remember our own Bibles and our gracious Heavenly Father.
4. Should attend all of the meetings. We may receive inspiration, and others may be helped by our presence.

Topics

1. September 25—What is the Young Women's Christian Association?
Josephine Bradshaw.
2. October 2—What Association Membership Stands For In a Girl's Life.
Lillian Millner.
3. October 9—Our Bible.
Freida Johnson.
4. October 16—Mission Study.
Mary Stone.

Morning Watch

“Like a morning bird my soul springs upward into the deeps of heaven.”

We invite you to spend each day, if possible, a fixed time alone with God before meeting man. It is the Morning Watch which “opens the soul's window skyward for each day.”

The Master himself kept the Morning Watch. Long ago it was written of Him that, “in the morning, rising a great while before day, He went out and departed into a solitary place and there prayed.”

Bible Study

The Association aims to have every girl in a Bible class. The medium through which this is carried out is the Sunday schools of the various churches where special classes are organized for us.

No special Bible study is arranged for at the school, but every Friday evening after supper groups of girls, led by one of the students, meet for a half-hour study of the Sunday school lesson. These classes are arranged for students rooming out in town as well as for those in the dormitories.

We are trying now to begin a graded course of Bible study in the larger Sunday schools of the town. In this way we hope to have an opportunity for more definite and more intelligent study of the Bible.

One phase of the work of the Bible Study Committee is to see that each new girl has some old girl to take her to her own church on the first Sunday of the session.

Finance Committee

This year we have started a plan of having the girls give systematically, which has proved very successful. It develops in each member a certain amount of system and of business and gives each of us a greater interest in the work. Convenient cards are filled out for paying either weekly or monthly, as preferred. Monitors are appointed on each hall to collect the money when it is due. This is only a beginning of our new system, and we hope it will have a greater success from year to year.

The regular dues will be paid on "Pay Day." At this time each organization will collect the dues from its members. Don't forget to bring extra money that you have earned during your vacation for these dues. *Once paid, always over with.*

Every fall, just before we visit our homes during the Christmas holidays, we have a bazaar. This is the only big sale for the benefit of our Association. During the vacation, while you have so many leisure hours, make a little fancy article and bring it along for the bazaar. It will be greatly appreciated.

The Social Committee

The work of the Social Committee is a very real and vital part of the whole Association work and its especial aim is :

To promote friendly and social relations among the students and to know every girl in school.

The work of the committee as a committee is the giving of a reception to the new girls at the beginning of the fall and of the spring quarters, and a birthday party every quarter. These are not the end, but rather the means toward this end, and it is through the personal work of the committee members, too, that this end is made real.

In the fall the whole Association is going to work with the Y. W. C. A. bungalow in view. The Social Committee is of course especially interested and enthusiastic, because it is through a social center like this, that a wholesome social atmosphere can be created that will reach every girl in school.

There will be several groups of Camp Fire Girls next session, and they will co-operate with the work of the Social Committee.

Welcome from the Ministers

The ministers very cordially invite you to identify yourself with the church of your own faith while in Harrisonburg. They are glad to know you personally and to have you visit in their homes. It is a pleasure and a privilege for them to render you any personal service while here. The opportunity for personal friendships with members of your own and other churches, and for spiritual culture should mean much in the regular worship and service, as well as the social life of the churches.

Churches and Their Pastors

Baptist.....	
Church of Christ.....	Rev. G. C. Minor
Church of the Brethren,	Rev. P. S. Thomas
Episcopal	Rev. J. L. Jackson
Hebrew.....	Dr. J. Schwanenfeld
Lutheran	Rev. E. L. Folk
Methodist.....	Rev. H. M. Canter
Presbyterian.....	Dr. B. F. Wilson
Reformed Church.....	Rev. J. S. Garrison
Roman Catholic.....	Father J. McKeefry
United Brethren in Christ,	Rev. J. H. Brunk

From Our President

The finest thing about our school is the splendid spirit of fellowship and of helpful and sympathetic co-operation between the students themselves and between the students and the faculty. Of the agencies contributing to this none has been more valuable than the Young Women's Christian Association. It has developed and fostered a wholesome spiritual, moral, and social life among the students. Its every effort has been characterized by a desire to help and to serve others. Its weekly meetings, its Bible study and mission classes, and its other activities, direct attention to spiritual affairs. Its various committees render material assistance in the reception of new students and in establishing them in their new home, welcoming them and continuing to do much to make their stay with us both pleasant and profitable.

It is with very great pleasure that I most heartily commend the work of this association to the students of our school. Especially to those who are soon to come among us for the first time, would I urge that advantage be taken of the privileges and benefits extended so freely by this organization.

JULIAN A. BURRUSS,
President.

Blue-Stone Hill

(TUNE, JUANITA.)

Dedicated to the Harrisonburg State Normal School.

Fair on yon mountain,
Gleams the light of morning skies;
Firm on yon hill crest
Blue stone towers rise.

Proudly waves Old Glory,
White and red and blue above,
Writ with freedom's story,
Sign of truth and love.

CHORUS :

Mater, Alma Mater,
Though afar we bless thee still ;
And may Love forever
Smile on Blue-Stone Hill.

Far o'er the Valley,
When at eve the world is still,
Shine through the gloaming
Lights from Blue-Stone Hill.

Thus afar out-streaming,
O'er the land and o'er the sea,
Like the stars e'er gleaming,
May thy glory be.—(Chorus.)

Queen of the Valley,
Alma Mater, thou shalt be ;
Round thee shall rally
Those who honor thee,
All thy daughters loyal,
One in heart and one in will,
Many gifts and royal
Bring to Blue-Stone Hill.—(Chorus.)

Noon, night, and morning
We attend thy signal bell,
True to its warning
Till we say farewell.

Through the years, swift winging,
Oft will come a quickening thrill—
In the soul still ringing,
Bells of Blue-Stone Hill!—(Chorus.)

The Honor System Rules

I. The Honor System herein inaugurated by the students of the State Normal and Industrial School at Harrisonburg requires absolute honesty in all oral and written class work, in all examinations, and in such other work as the instructors shall assign to be done without assistance. This honesty applies as fully to the giving as to the receiving of illegitimate help.

II. Anyone believing that a breach of the Honor System has been committed should feel it her duty to have a personal conference with the offender. If the girl who makes the accusation is satisfied with the result of the conference, there shall be no further investigation of this particular offense; but the matter shall be reported, for record only, to the Honor Committee. If this conference is not satisfactory to the student upholding the Honor System, or if in the first place she has not felt able to bring herself to the interview urged above, she shall report the offender to the Chairman of the Honor Committee; after which the Committee shall investigate the matter as quietly and speedily as possible.

III. After a thorough investigation has been made, two members of the committee shall be appointed by the chairman to go to the accused girl and demand of her an explanation of her conduct. If convinced of her guilt, they shall warn her as to future consequences should she again be guilty of any act of dishonesty.

IV. The accused shall have the privilege of demanding a hearing before the Honor Committee at any time.

V. If the offense is repeated, or any other breach of the Honor System is committed by the same girl and is reported to the Honor Committee, they shall summon her to appear before them, by serving a written notice in ordinary letter form.

VI. If, after hearing her explanation and all available evidence, or rather her refusal to give an explanation, seven out of the nine, or ten out of the twelve who compose the Honor System Committee are convinced of the guilt of the accused, and shall so cast their votes in secret ballot, this shall mean that the decision of the Committee is for asking the girl to withdraw from school. Before any announcement of this decision is made the Honor Committee shall report the case in full to the Faculty. If the Faculty, meeting independently, shall come to the same decision as the Honor Committee, the girl shall be asked to leave school at once. If the Faculty does not come to the same decision as the Honor Committee, the Committee shall meet with the Faculty, and these two bodies conferring together shall reach an agreement.

VII. The rules of the Honor System shall be enforced by the Honor Committee.

The Honor Committee shall be composed of twelve members, three to be elected by each of the following groups of students from their

own number: (1) Seniors, (2) Juniors, (3) Sophomores. Two are to be elected from the Freshman class and one from the group of Specials.

VIII. Any student registered in any department of this school shall be subject to these regulations.

These rules shall be subject to changes, provided the whole committee and three-fourths of the students of the school so desire.

Every student in the school shall be required to sign a statement that she has become familiar with the foregoing Honor System and pledges herself to maintain it.

Literary Societies

The Lee and Lanier literary societies are two organizations conducted by the girls themselves. They both co-operate in trying to develop the literary side of the school life, but the Lee stands primarily for history and the Lanier for literature. They have always had a very good membership and average about the same number. One society meets each Saturday evening making the meeting of the same society come every two weeks. Many delightful programs have been rendered and much good done. Members are received upon invitation from the society.

Lee Officers

President.....	Tracie Burtner
Vice-President.....	Agnes Lake
Secretary.....	Mary Smith
Treasurer.....	Virgie Buchanan

Lanier Officers

President.....	Mary Stone
Vice-President.....	Alpha Holcombe
Secretary.....	Frances Selby
Treasurer.....	Agnes McCown

Athletic Association

Every teacher and student of the school is a member of the Athletic Association. This organization has charge of all the athletic features of school life outside of the regular gymnasium class work. It is organized under a president and committee. The annual membership fee is fifteen cents.

There are two tennis clubs in school, the Pinquet and Racket. The girls who play tennis, those who wish to learn, and others who are interested usually join the clubs. The five tennis courts are open to all and especially the members of the clubs.

Once a year the clubs choose their best players and have a tournament. The winning side receives the Loving Cup. The names of the winners are put on it, and the cup is kept by them for the ensuing year.

Each of the classes, Senior, Junior, Sophomore, and Freshman, has a basket ball team. These teams have many games during the session. In winter they play in the gymnasium, and in good weather they have outdoor games. The team winning the greatest number of match games is the champion team of the year.

In addition to the interest shown in tennis and basket ball there has been much manifested during the past year in two new games—volley ball and field hockey. Volley ball has frequently been used in connection with gymnasium work, although it is often played for mere amusement. Two hockey teams, each having its own captain, have been organized among the students.

This organization also has charge of the Field Day exercises, which are a part of Commencement. It plans many interesting features and events for that day.

Massanutten Camp Fire

The purpose of this organization is to make efficiency and happiness go hand in hand by creating a wholesome attitude toward the essential things of life. The watchwords are Work, Health, and Love, from which the mystic word Wohelo comes. In our school this organization has an especial place for in it our students receive the training which enables them to teach to growing girls the meaning of the deeper things of life.

The laws of the Camp Fire are to seek beauty, give service, pursue knowledge, be trustworthy, hold on to health, glorify work, and be happy.

In addition to the National rules the Camp Fire Girls of our Normal School have adopted certain other rules as the need for them was felt.

This year our membership was limited in order to better acquaint the girls with the work. Those who were admitted had to make an average of eighty-five and had to signify their desire to become a Camp Fire Girl and to comply with the laws of the Camp Fire. Next year the Camp Fire Girls will be made guardians of groups.

The guardian is appointed by the National Board. The guardian in our school, Miss Rhea C. Scott, is responsible for the maintenance of the required standards and awards all honors.

Shendo Land

(TUNE, DIXIE.)

Dedicated to the Harrisonburg State Normal School.

I wish I was at de school in Shendo,
Good times dar don't seem to end, so
Look away, look away, look away, Shendo land.
In Shendo land dey is bound to ketch you
If yo' beau done come to fetch you,
Look away, look away, look away, Shendo land.

CHORUS:

Den I wish I was in Shendo, Hooray! Hooray!
In Shendo land I'll take my stand,
To lib and die in Shendo,
Away, away, away up dar in Shendo!
Away, away, away up dar in Shendo!

Dem blue stone walls at de school in Shendo
Mighty fine for the Gub'ner said so,
Look away, look away, look away, Shendo land.
Dem red tile roofs look kinder bumpshus;
Jined wid de blue stone, ain't dey scrumpshus?
Look away, look away, look away, Shendo land.

(Chorus.)

Dar's Missus Brooke an' Mistah Burruss,
Bustlin' roun' an' a-hustlin' fer us,
Look away, look away, look away, Shendo land.
Dar's two more men an' a lot o' ladies,
Don't nevah tell you what yo' grade is,
Look away, look away, look away, Shendo Land.

(Chorus.)

Den go 'way skeeter, don't you pester,
B. an' O. an' de Ches'peake Wester,
Look away, look away, look away, Shendo land.
I'se gwine ter choose fer de silber casket—
Lam dat ball right t'rough de basket!—
Look away, look away, look away, Shendo land.

(Chorus.)

A Day's Program

Rising Bell.....	6:30	A. M.
Morning Watch	7:30	“
Breakfast	7:45	“
First Class	8:30	“
Second Class.....	9:20	“
Chapel.....	10:10	“
Third Class	10:45	“
Fourth Class.....	11:35	“
Dinner.....	12:25	P. M.
Fifth Class.....	1:30	“
Sixth Class.....	2:20	“
Seventh Class.....	3:10	“
Eighth Class	4:00	“
Supper.....	6:00	“
Study Hour.....	7:00	“
Warning Bell	10:00	“
Lights Out.....	10:30	“

Your Room

Bring pictures, photographs, pennants, and other ornaments to give your room a home-like air. Bring picture hangers but leave behind all tacks. Bring two pairs of curtains, or, if you have a corner room, three pairs. Bring bureau scarfs, table covers, and sofa pillows, if you have them. A blanket, a calendar, and a clock are useful. Bring all the dainty articles usually found on your dressing table. Don't forget to leave your chafing-dish, candles, and matches at home. Bring several of your favorite books and be sure to remember your Bible.

The Mail

Have all your mail addressed in care of the State Normal School if you are taking your meals at the dormitories. This is to insure safe and prompt delivery. Mail is delivered each day after dinner and supper except on Sunday. Those boarding in town may have it sent to their number or to the school.

How To Begin

Begin with a purpose; keep the end in view. Be open and ready to receive new ideas and impressions but give each careful consideration before making it a part of you. Remember that each life has something which can mean something to you.

Be your real self. The school is looking to its incoming students for new personality but remember you are but one among many. Do not forget that there are perhaps many more homesick than you. How would you like to try to cheer the little girl rooming with you?

"If I Were You"

I should have at least one worthy ideal.

I should be careful of my criticisms of others.

I should be on time every time. If you are late somebody else will be kept waiting.

I should be quiet in chapel before the opening exercises begin.

I should remember that it is only the courtesy due to speakers to give them strict attention.

I should remember to moderate my voice while in the halls.

I should not disturb other people during study hour.

I should study regularly and not "cram" before examinations.

I should never have a "crush." They are dangerous attachments.

The Choice of Friends

“A friend loveth at all times.”

Of all places perhaps the school is the best fitted for making lasting friendships. We will surely be judged in a large measure by our friends. How important it is to make the right choice!

The noblest and best friendship can exist only in an unselfish heart. Be a true friend, then you will be surrounded by friends. In thought, word, and action be sincere to your friend. You do not have to agree with them on all subjects. You have a right to your own opinion, so give your friends a right to their opinions.

While choosing and working for our friends during the busy days here let us not forget that there is a “Higher Friendship.” Let us seek to know the Friend who said, “Ye are my friends if ye do whatsoever I command you.”

Pointers

Do not mind asking questions; anyone will be glad to answer them if she can.

Study your catalogue and know the course you wish to take before you go to the registration committee.

Watch the bulletin boards.

Be sure to join the Association. Decide at once what mission class or what Bible class you will join.

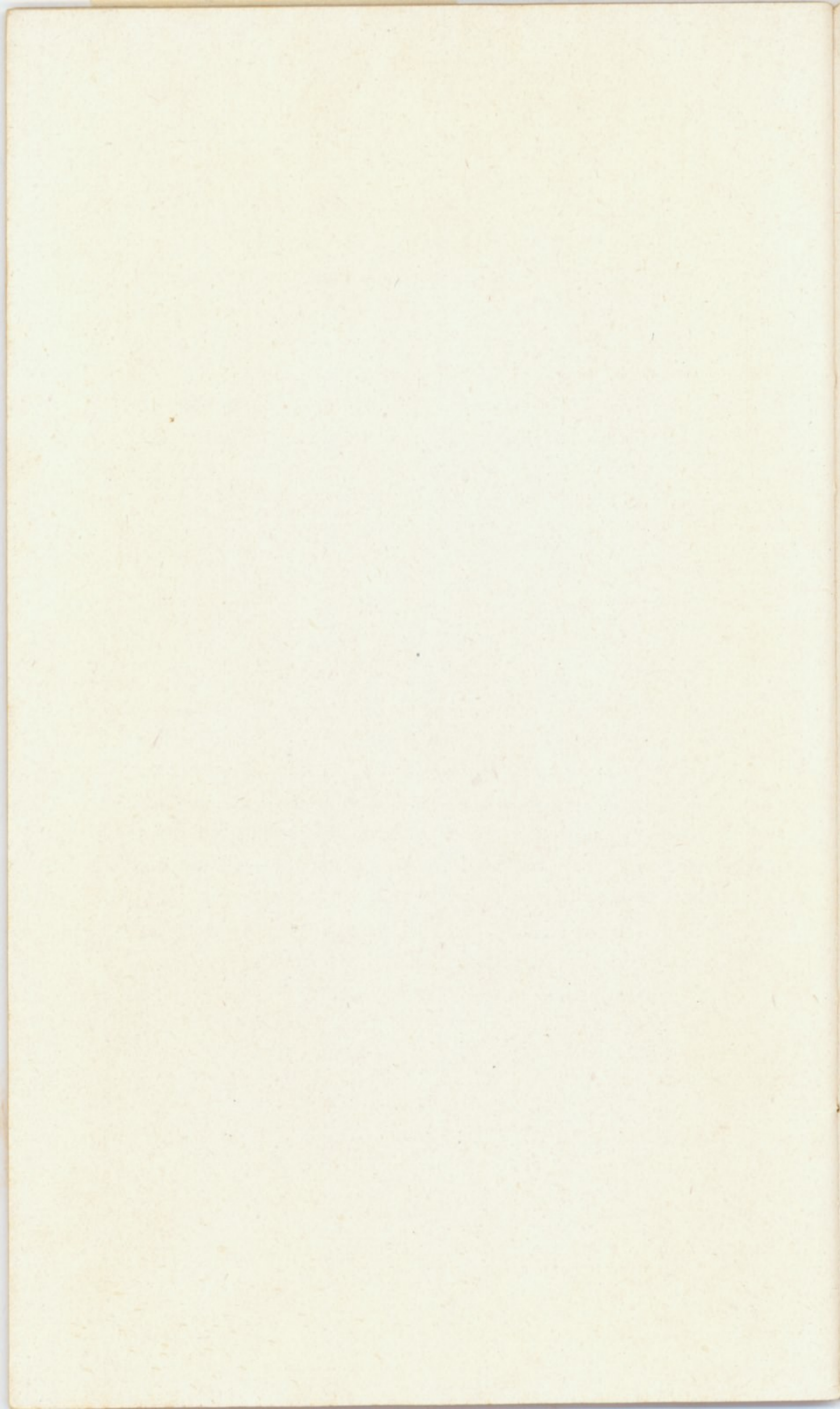
Take plenty of out-door exercise.

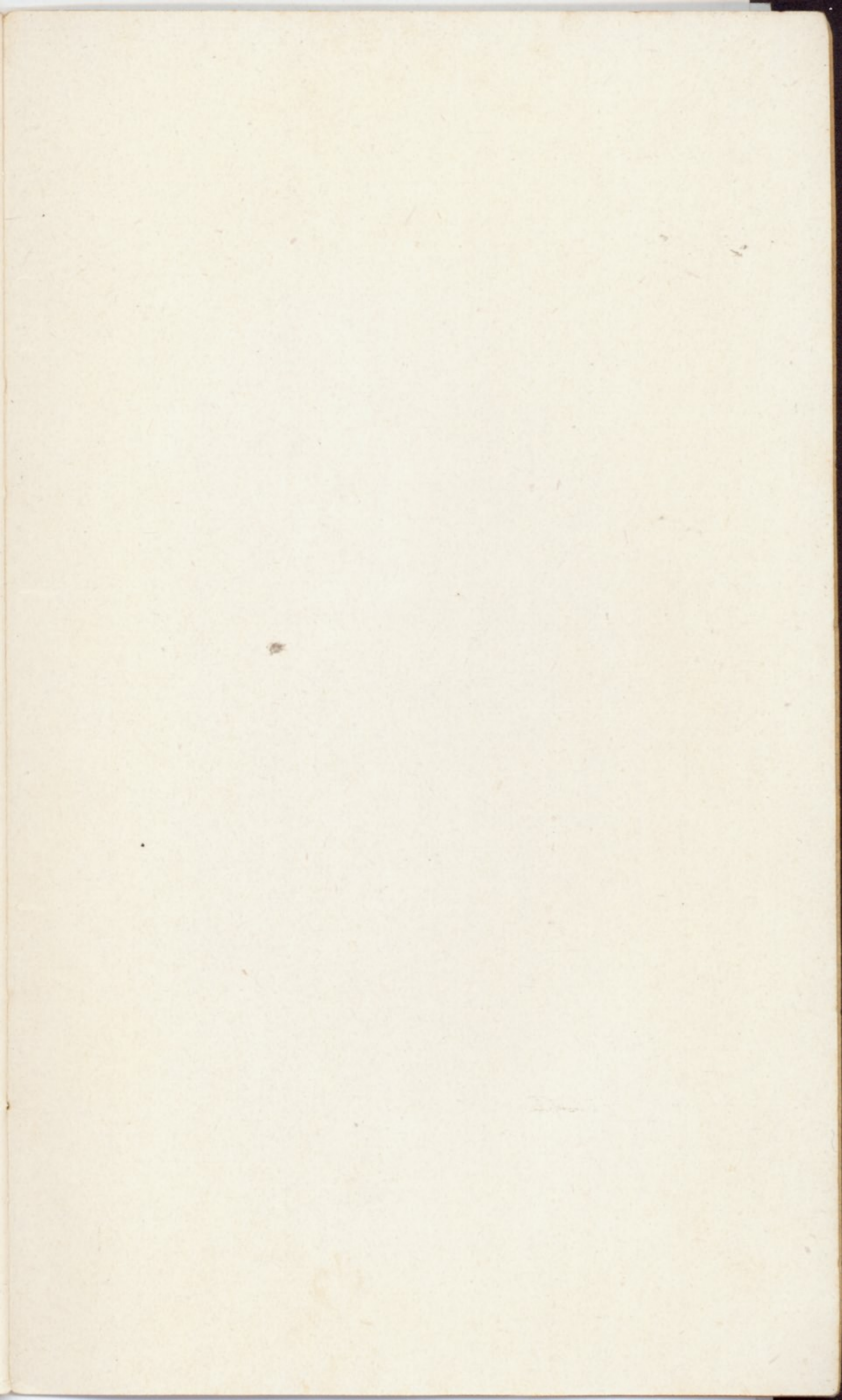
Keep this little "Hand-book" near to consult during the year.

Pay Day

What is it? Why, it is pay day, of course. It is the day upon which we pay all the dues of our class, literary society, the Association, and other organizations. Don't fail to be on hand with a full purse. Later on each student's fancy lightly turns to thoughts of—Coburns and other things. At the close of pay day your purse may be empty; but you will be bothered never again with collectors.

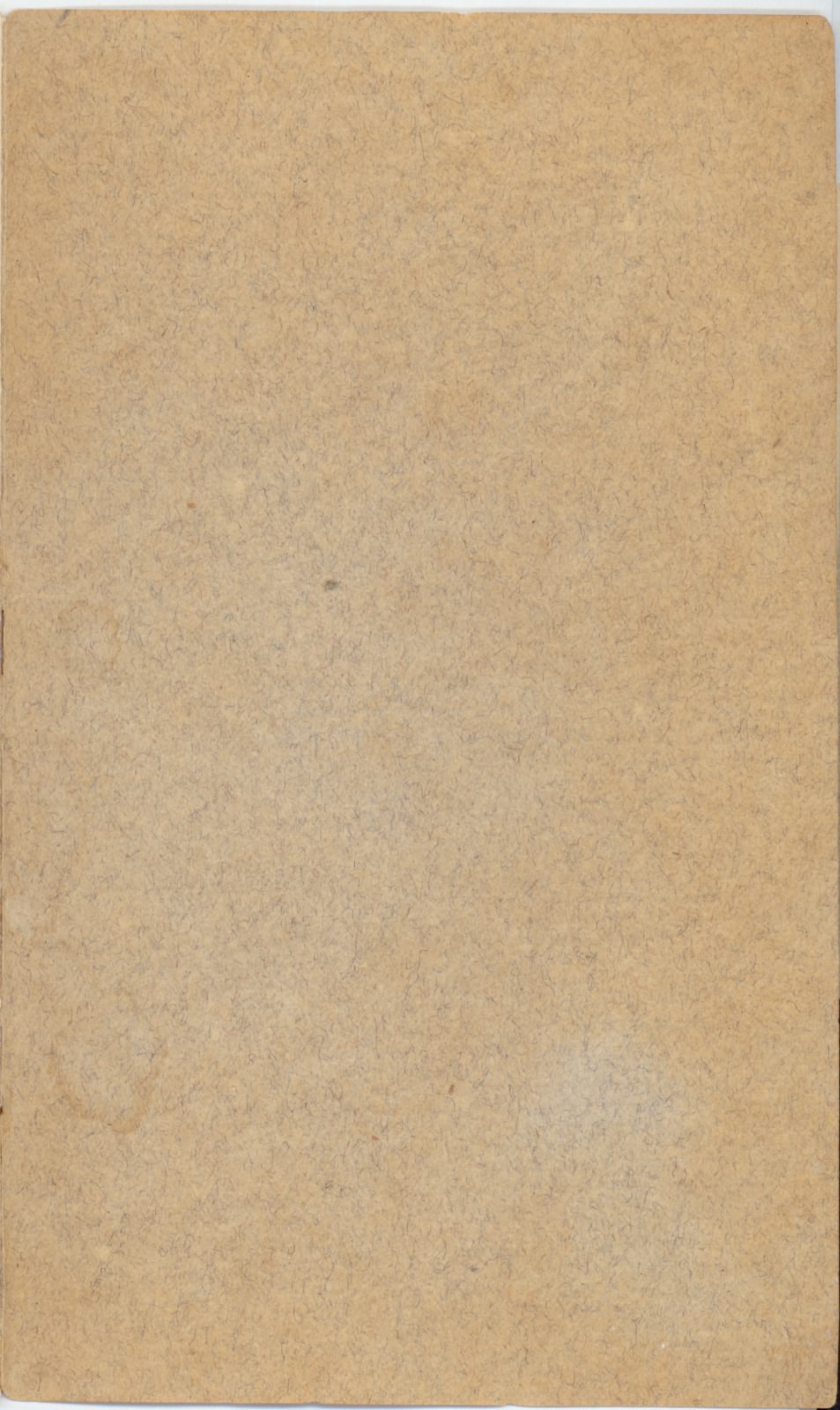
"Once paid, always over with."





The Daily News Print

Harrisonburg, Virginia



Anna H. Ward